
VOCAL LESSON #2, PAGE 7

EXERCISES THAT HELP THE SINGER RELAX & RESONATE

Exercise 5

~~Use the same arm position,~~ inside smile and good posture, as in exercise 3. Keep the tip of the tongue touching the lower gum ridge. Allow the tongue to move freely and keep it relaxed so that movement from one vowel to the next is smooth and clear. Get the feeling of singing the vowels with the jaw relaxed, the molars apart, the inside smile and the sternum high and wide. Memorize that feeling.



ee _____ eh _____ ah _____ oh _____ oo _____

A musical staff in treble clef with a key signature of one flat (Bb) and a common time signature (C). The melody consists of a series of eighth notes: G4, A4, Bb4, C5, Bb4, A4, G4, F4, E4, D4, C4. The notes are grouped into five pairs, each corresponding to a vowel label below. A large checkmark is drawn to the right of the staff.